



Products

| Product | £ per kilo | Product | £ per 100g | £ per 10g |
|---|------------|---------------------------------------|------------|-----------|
| Breakfast cereals | | | | |
| porridge oats (organic) | £2.40 | Dried fruit | | |
| jumbo oats (organic) | £2.00 | raisins (organic) | 50p | |
| bran flakes (organic) | £5.70 | apricots (organic) | 70p | |
| super muesli (organic) | £4.50 | Deglet nour dates (organic) | £1.10 | |
| muesli base (organic) | £2.50 | sundried tomato halves (organic) | 85p | |
| Pasta | | | | |
| Fusilli (organic) | £2.70 | Seeds and nuts | | |
| Fusilli wholewheat (organic) | £3.00 | pumpkin seeds (not organic) | 60p | |
| New Fusili gluten-free (organic) | £4.75 | sunflower seeds (not organic) | 40p | |
| Pennete white (organic) | £2.70 | ground almonds (organic) | £1.55 | |
| Spaghetti white (organic) | £2.70 | New whole almonds (organic) | £1.70 | |
| Lasagne white (organic) | £4.70 | hazelnuts (organic) | £2.00 | |
| Gomitini (organic) | £2.70 | walnuts (organic) | £1.85 | |
| Rice and lentils | | | | |
| long grain brown rice (organic) | £3.00 | Herbs and spices (not organic) | | |
| white basmati rice (organic) | £4.50 | basil | £3.00 | 30p |
| arborio (organic) | £4.00 | bayleaves | £3.00 | 30p |
| couscous (organic) | £3.00 | mixed herbs | £2.00 | 20p |
| Green lentils (organic) | £3.00 | thyme | £3.00 | 30p |
| Bathroom | | | | |
| | per item | black peppercorns | £2.00 | 20p |
| Handmade soap | £2.50 | cumin | £2.00 | 20p |
| Fragrance free Soap | £2.50 | cumin seeds | £2.00 | 20p |
| Facial Soap Bar | £3.30 | cinnamon | £2.00 | 20p |
| Deodarant - Jasmine & Rose | £7.00 | paprika | £1.00 | 10p |
| Deodarant - Lemon & Rosemary | £7.00 | smoked paprika | £2.00 | 20p |
| Bathtime Loofah | £3.00 | turmeric | £1.00 | 10p |
| Bamboo toothbrush | £3.00 | New Sicilian Coarse Sea Salt | £3.00 | per kilo |
| Herb Garden gift set | £10.00 | | | |
| New Fig liquid hand soap (1/2 litre) | £2.25 | | | |
| Household cleaning | | | | |
| | per litre | | | |
| Washing up liquid | £2.00 | | | |
| Laundry liquid | £2.50 | | | |
| Fabric softener | £2.00 | | | |
| Toilet cleaner | £2.40 | | | |

Allergens

Please let us know before you buy if you have a food allergy. We list common food allergens on each product. We do everything in our power to avoid cross-contamination, such as using different scoops for each product and keeping our goods in separate containers. However, due to the fact that our foodstuffs are not in sealed packaging, we are unable to guarantee against airborne cross-contamination.

The Good Fill will be at St Michael's Church every 2nd and 4th Saturday of the month between 10am and 1pm, except for 23 November when we shall be part of the Climate Change Fair at St Michael's and will be open 11am - 2.30pm

